



Developing Me Workshop

Part 2: Applying your personality

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Utilizing your results

- Take note of what first comes to mind as you read your results (certain experiences, memories, struggles, etc.)

Introduction

Strengths & Weaknesses

Romantic Relationships

Friendships

Parenthood

Career Paths

Workplace Habits

Conclusion

Advocates are the rarest personality types of all. Still, Advocates leave their mark on the world. They have a deep sense of idealism and integrity, but they aren't idle dreamers – they take concrete steps to realize their goals and make a lasting impact.

Advocates' unique combination of personality traits makes them complex and quite versatile. For example, Advocates can speak with great passion and conviction, especially when standing up for their ideals. At other times, however, they may choose to be soft-spoken and understated, preferring to keep the peace rather than challenge others.



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Resume Writing

Explore Your Type

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Premium Profile

As colleagues, Advocates can be quite popular and well-respected. People with this personality type are likely to be seen as positive, eloquent, and capable coworkers. Among their greatest strengths is their ability to identify others' motives and defuse conflicts and tension before anyone else even senses a disturbance.

At times, efficiency may be less of a priority for Advocates than collaborating with and helping colleagues who need a boost. While this is usually a strength, there is a risk that others will take advantage of their desire to help. Advocates may find themselves picking up the slack for their less dedicated coworkers at the expense of their own energy and well-being.

Although they tend to be warm and approachable colleagues, Advocates are still Introverts. From time to time, they may need to step back and work alone, pursuing their own goals in their own ways.

Example:

-Proactively solved workplace conflicts in a professional manner

-Worked productively with a team as well as independently

Interview Prepping

- Things to think about:
 - Strengths
 - Weaknesses
 - Future career goals
 - A time when you struggled and how you got through it.

Strength example:

- **Insightful** – Advocates typically strive to move past appearances and get to the heart of things. This can give them an almost uncanny ability to understand people’s true motivations, feelings, and needs.

Weakness example:

- **Perfectionistic** – The Advocate personality type is all but defined by idealism. While this is a wonderful quality in many ways, an ideal situation is not always possible. Advocates might find it difficult to appreciate their jobs, living situations, or relationships if they’re continually fixating on imperfections and wondering whether they should be looking for something better.



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Job Searching or Career Planning

Friendships

Parenthood

Career Paths

Workplace Habits

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Advocates want to find meaning in their work and to know that they are helping and connecting with people. This desire to help and connect can make roles as counselors, psychologists, teachers, social workers, yoga instructors, and spiritual leaders very rewarding for Advocates. Careers in health care – especially the more holistic varieties – can also be attractive options for this personality type.

Potential areas to consider:

- Counseling
- Teaching
- Childcare/Nannying
- Volunteering
- Coaching a sports team
- Tour Guide
- Tutoring