



Developing Me Workshop

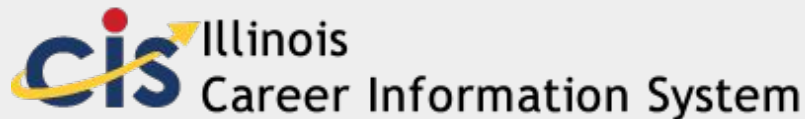
Part 3: Resources for future development

Amber Loveshe

Illinois Career Information System (CIS)

- What is it?
 - Free, online resource for job information, assessments, creating and storing your career portfolio
- Benefits of using it?
 - Available 24/7, secure place to store sensitive information, can access your information anywhere, free to use
- What do I need in order to use CIS?
 - Internet connection, create a username and password

portal.ilcis.intocareers.org



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Additional 16 Personality Resources

Premium Profile

Tools & Assessments

Community



PERSONAL GROWTH

Discover and understand your strengths and weaknesses.



RELATIONSHIPS

Deepen your relationships, both romantic and otherwise.



CAREER

Kick-start your career or get better at navigating it.



Free

Trait Scholar

The Trait Scholar will help you understand the unique traits that make up your personality type in much fuller detail.

🕒 2 hours ✎ 14349 completions



Free

Type Guesser (Workplace)

Are you trying to figure out what personality type your coworker belongs to? You may find that this simple tool helps.

🕒 10 minutes ✎ 2360 completions

Conclusion

- Learn and reflect more about yourself
 - Taking the 16 Personalities assessment and navigating the results
- Gain vocabulary for communicating needs and preferences
 - Translating the results into resume information, interview talking points, guides for conducting a job search
- Feel understood and have increased sense of agency
 - Reflecting on results and what was learned, utilizing additional resources for the future

If you'd like to provide me with anonymous feedback: <https://forms.gle/DhGsrttpZpNpkTkc8>



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